KENDRIYA VIDALAYA AIR FORCE STATION

 DARBHANGA, BIHAR

 **ADOLESCENCE EDUCATION PROGRAMME**

NAME OF THE NODAL TEACHER: 1. DR. R.K. CHOUDHARY, PGT (BIO)

 2. MRS. ANJANA SHARMA, TGT (AE)

NAME OF THE PRINCIPAL: **SHRI .A.K. MISHRA**

 **CALANDER OF ACTIVITIES UNDER AEP FOR THE YEAR 2019-20**

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| SL .NO. | TOPIC TO BE COMPLETED IN CLASSROOM SESSION  |  TIME  | Date scheduled for the session  |
| 1.
 | Advocacy program for school and parent  | 2 hrs (not inclusive in 23 hrs) | 08-04-2019 |
|  2. | Activity 4: Peer Relationship , Friendships ,Peer influences and attraction | 45 minutes  | 14-04-2019 |
|  3. | Activity 5: relationship with Guardians /Parents  |  30 minutes  | 22-04-2019 |
|  4. | Activity 6 : Community Effectively |  60 minutes  | 27-04-2019 |
|  5.  | Activity 1: We are changing  | 30 minutes | 07-05-2019 |
|  6. |  Activity 2: Differences in growing up process and effect on Body Image  | 45 minutes | 25-06-2019 |
|  7.  | Activity 2: Physical Changes During Adolescence  | 45 minutes | 03-07-2019 |
|  8. | Activity 4: Being comfortable with changes during adolescence  | 60 minutes  | 10-07-2019 |
|  9. | Activity 5: Nutritional needs of Adolescents  | 30 minutes | 17-07-2019 |
|  10. | Activity 6: Early marriage and Adolescent Pregnancy(For class XI only )  | 45 minutes  | 24-07-2019 |
|  11. | Activity 7: Clarifying Misconceptions  | 30 minutes | 02-08-2019 |
|  12.  | Activity 1: Gender and Biology  | 30 minutes  | 07-08-2019 |
|  13. | Activity 2: Understanding challenging Stereotypes | 45 minutes | 12-08-2019 |
|  14.  | Activity 3: Understanding challenging Stereotypes | 45 minutes | 14-08-2019 |
|  15.  | Activity 1:Understanding challenging Domestic Violence(For class XI only ) | 45 minutes  | 27-08-2019 |
|  16. | Activity 2: Understanding challenging Sexual Abuse and Violation  | 60 minutes  | 28-08-2019 |
|  17. | Summative Activity on Section II:Question Box on the process on the Process of Growing Up | 45 minutes | 31-08-2019 |
|  18. | Activity 1: Meaning and Types of Substances  | 30 minutes | 05-09-2019 |
|  19. | Activity 2: Why are Adolescent Vulnerable to Substance Misuse  | 60 minutes  | 18-09-2019 |
|  20. | Activity 2: Consequences of Substance Misuse  | 60 minutes | 17-10-2019 |
|  21. | Activity 1: Myths and Misconceptions about Substance Misuse  | 30 minutes  | 18-10-2019 |
|  22.  | Activity 1: Safety Net  | 45 minutes  | 25-11-2019 |
|  23. | Activity 2: Laws Pertaining to Substance Misuse  | 30 minutes  | 26-11-2019 |
|  24. | Summative Activity on Section IIIQuestion Box on Prevention of Substance Misuse  |  45 minutes  | 06-12-2019 |
|  25. | Activity 1: Defining HIV/AIDS | 30 minutes | 07-12-2020 |
|  26. | Activity 2: Fact about HIV Transmission | 45 minutes | 13-12-2020 |
|  27. | Activity 1: Vulnerability of Adolescent to HIV | 45 minutes  | 15-12-2020 |
|  28. | Activity 1: Vulnerability of Adolescent to HIV | 45 minutes | 17-01-2020 |
|  29. | Activity 1: Vulnerability of Women to HIV | 45 minutes | 20-01-2020 |
|  30. | Activity 3: Diagnosis and Services  | 45 minutes | 29-01-2020 |
|  31. | Activity 3: Living Positively with HIV/AIDS | 45 minutes | 06-02-2020 |
|  32. | Activity 1: Understanding RTIs, STIs and their relationship with HIV (FOR class XI Only ) | 45 minutes | 10-02-2020 |
|  33. | Summative Activity on Section IV : Question Box on prevention of HIV and AIDS | 45 minutes | 15-02-2020 |

DR. R. K. CHOUDHRY A. K. MISHRA

 **I/C. AEP (PRINCIPAL)**