KENDRIYA VIDALAYA AIR FORCE STATION

DARBHANGA, BIHAR

**ADOLESCENCE EDUCATION PROGRAMME**

NAME OF THE NODAL TEACHER: 1. DR. R.K. CHOUDHARY, PGT (BIO)

2. MRS. ANJANA SHARMA, TGT (AE)

NAME OF THE PRINCIPAL: **SHRI .A.K. MISHRA**

**CALANDER OF ACTIVITIES UNDER AEP FOR THE YEAR 2019-20**

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| SL .NO. | TOPIC TO BE COMPLETED IN CLASSROOM SESSION | TIME | Date scheduled for the session |
|  | Advocacy program for school and parent | 2 hrs (not inclusive in 23 hrs) | 08-04-2019 |
| 2. | Activity 4: Peer Relationship , Friendships ,Peer influences and attraction | 45 minutes | 14-04-2019 |
| 3. | Activity 5: relationship with Guardians /Parents | 30 minutes | 22-04-2019 |
| 4. | Activity 6 : Community Effectively | 60 minutes | 27-04-2019 |
| 5. | Activity 1: We are changing | 30 minutes | 07-05-2019 |
| 6. | Activity 2: Differences in growing up process  and effect on Body Image | 45 minutes | 25-06-2019 |
| 7. | Activity 2: Physical Changes During Adolescence | 45 minutes | 03-07-2019 |
| 8. | Activity 4: Being comfortable with changes during adolescence | 60 minutes | 10-07-2019 |
| 9. | Activity 5: Nutritional needs of Adolescents | 30 minutes | 17-07-2019 |
| 10. | Activity 6: Early marriage and Adolescent Pregnancy(For class XI only ) | 45 minutes | 24-07-2019 |
| 11. | Activity 7: Clarifying Misconceptions | 30 minutes | 02-08-2019 |
| 12. | Activity 1: Gender and Biology | 30 minutes | 07-08-2019 |
| 13. | Activity 2: Understanding challenging Stereotypes | 45 minutes | 12-08-2019 |
| 14. | Activity 3: Understanding challenging Stereotypes | 45 minutes | 14-08-2019 |
| 15. | Activity 1:Understanding challenging Domestic Violence(For class XI only ) | 45 minutes | 27-08-2019 |
| 16. | Activity 2: Understanding challenging Sexual Abuse and Violation | 60 minutes | 28-08-2019 |
| 17. | Summative Activity on Section II:  Question Box on the process on the Process of Growing Up | 45 minutes | 31-08-2019 |
| 18. | Activity 1: Meaning and Types of Substances | 30 minutes | 05-09-2019 |
| 19. | Activity 2: Why are Adolescent Vulnerable to Substance Misuse | 60 minutes | 18-09-2019 |
| 20. | Activity 2: Consequences of Substance Misuse | 60 minutes | 17-10-2019 |
| 21. | Activity 1: Myths and Misconceptions about Substance Misuse | 30 minutes | 18-10-2019 |
| 22. | Activity 1: Safety Net | 45 minutes | 25-11-2019 |
| 23. | Activity 2: Laws Pertaining to Substance Misuse | 30 minutes | 26-11-2019 |
| 24. | Summative Activity on Section III  Question Box on Prevention of Substance Misuse | 45 minutes | 06-12-2019 |
| 25. | Activity 1: Defining HIV/AIDS | 30 minutes | 07-12-2020 |
| 26. | Activity 2: Fact about HIV Transmission | 45 minutes | 13-12-2020 |
| 27. | Activity 1: Vulnerability of Adolescent to HIV | 45 minutes | 15-12-2020 |
| 28. | Activity 1: Vulnerability of Adolescent to HIV | 45 minutes | 17-01-2020 |
| 29. | Activity 1: Vulnerability of Women to HIV | 45 minutes | 20-01-2020 |
| 30. | Activity 3: Diagnosis and Services | 45 minutes | 29-01-2020 |
| 31. | Activity 3: Living Positively with HIV/AIDS | 45 minutes | 06-02-2020 |
| 32. | Activity 1: Understanding RTIs, STIs and their relationship with HIV (FOR class XI Only ) | 45 minutes | 10-02-2020 |
| 33. | Summative Activity on Section IV : Question Box on prevention of HIV and AIDS | 45 minutes | 15-02-2020 |

DR. R. K. CHOUDHRY A. K. MISHRA

**I/C. AEP (PRINCIPAL)**